

# May 2026

# Reformer Pilates Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 reformer - all levels Danielle	5:30 reformer - all levels Cheryl	6:00 reformer - all levels Danielle	6:00 reformer - int/adv Lisa	6:00 reformer - all levels Danielle	7:00 reformer - all levels Danielle	9:00 reformer - all levels TBA
7:00 reformer - int/adv Danielle	7:00 reformer - all levels Cheryl	7:00 reformer - int/adv Danielle	7:00 reformer - all levels Cheryl	7:00 reformer - int/adv Danielle	8:00 reformer - int/adv Danielle	10:00 reformer - all levels TBA
8:30 reformer - int/adv Danielle	8:00 reformer - all levels Cheryl	8:00 reformer - int/adv Danielle	8:00 reformer - all levels Cheryl	8:00 reformer - int/adv Danielle	9:00 reformer - int/adv Danielle	11:00 reformer - all levels TBA
10:30 reformer - all levels Danielle	9:00 reformer - all levels Michelle	9:00 reformer - int/adv Danielle	9:00 reformer - athletic Kimberly	9:00 reformer - int/adv Danielle	10:00 reformer - basics Danielle	
	10:00 reformer - basics Michelle		10:30 reformer - all levels Cheryl	10:30 reformer - all levels Danielle		

## PM STUDIO CLASS SCHEDULE

12:00 reformer - all levels Danielle	5:00 reformer - all levels Michelle	4:30 reformer - all levels May	5:30 reformer - basics Samara	12:00 reformer - all levels Danielle
4:30 reformer - all levels Lisa	6:00 reformer - int/adv May	5:45 reformer - all levels Cheryl	6:30 reformer - all levels Samara	
5:30 reformer - all levels Lisa		6:45 reformer - all levels Cheryl		
6:30 reformer - basics Samara				



380 Granite Avenue, Milton Ma 02186  
by appointment only

\*Registration opens on the 20th of each month\*

New to Reformer Pilates?  
Start with a **Basics** class or book a **Signature Start** session for \$29 (\$75 value) before joining an all levels or int/adv group class.  
To schedule a Signature Start session - email [dmiller@fitnessunlimited.com](mailto:dmiller@fitnessunlimited.com) or call 617-698-0260.

### Studio Policies:

12-hour cancellation policy | doors open 10 minutes prior to class start time | grippy socks required