

may

team training

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30 - 6:15am in APC Bootcamp: Hyrox Method Stephanie 5/4 - 5/18 \$15/class	5:15 - 6:00am in Cardio Room Zone 45 Jacquie 5/5 - 5/26 \$15/class	5:30 - 6:15am in APC Stability Ball Strength Dawn 5/6 - 5/27 \$15/class	5:15 - 6:00am in Cardio Room Zone 45 Jacquie 5/7 - 5/28 \$15/class	5:30 - 6:15am in Studio 1 Strictly Strength Dawn 5/8 - 5/29 \$15/class	8:10 - 8:55am in APC Kettlebells & Boxing Cheryl M. 5/2 - 5/30 \$15/class	8:00 - 8:45am in APC Kickboxing Jessica 5/3 - 5/24 \$15/class
5:15 - 6:00pm in APC Progressive Strength Training Alyssa C. 5/4 - 6/1 no class 5/25 \$72	5:30 - 6:15am in APC Strictly Strength Dawn 5/5 - 5/26 \$15/class	8:00 - 8:45am in APC Progressive Strength Training Alyssa C. 5/6 - 5/27 \$72	5:30 - 6:15am in APC Kickboxing Jessica 5/7 - 5/28 \$15/class	5:30 - 6:15am in APC Bootcamp Jess 5/1 - 5/29 \$15/class	9:30 - 10:15am in APC Bootcamp: Hyrox Method Stephanie 5/9 & 5/30 \$15/class	
	5:30 - 6:15pm in APC Kickboxing Jessica 5/5 - 5/26 \$15/class	5:30 - 6:15pm in APC Bootcamp: Hyrox Method Katie 5/6 - 5/27 \$15/class				
<p>*12 HOUR CANCELLATION POLICY*</p> <p>Please check your schedule prior to registering for classes as there are no makeups or refunds for cancellations with less than 12 hours notice.</p> <p>**ENROLLMENTS - NO CANCELLATIONS</p> <p>REGISTRATION OPENS ON APRIL 20TH</p>			<p>Team Training (30 mins) 7-12 participants \$10/class</p>	<p>Team Training (45 mins) 7-12 participants \$15/class *class pack available</p>	<p>Team Training Enrollment 7-12 participants 4 or 6 week program Meet 1x/week</p>	

To reserve your spot visit our website
www.fitnessunlimited.com
 or call/stop by the member service desk
 617 - 698 - 0260



*All classes are subject to cancellation if less than 2 people are enrolled.
 In the event of a cancellation - the purchased class will remain on your account to be used for a future booking.