

april

team training

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30 - 6:15am in APC Bootcamp: Hyrox Method Stephanie 4/6 - 4/27 \$15/class	5:15 - 6:00am in Cardio Room Zone 45 Jacquie 4/7 - 4/28 \$15/class	5:30 - 6:15am in APC Stability Ball Strength Dawn 4/1 - 4/29 \$15/class	5:15 - 6:00am in Cardio Room Zone 45 Jacquie 4/2 - 4/30 \$15/class	5:30 - 6:15am in Studio 1 Strictly Strength Dawn 4/3 - 4/24 \$15/class	8:10 - 8:55am in APC Kettlebells & Boxing Cheryl M. 4/4 - 4/25 \$15/class	8:00 - 8:45am in APC Kickboxing Jessica 4/12 - 4/26 \$15/class
5:15 - 6:00pm in APC Progressive Strength Training Alyssa C. 3/23 - 4/27 \$108	5:30 - 6:15am in APC Strictly Strength Dawn 4/7 - 4/28 \$15/class	8:00 - 8:45am in APC Progressive Strength Training Alyssa C. 3/25 - 4/29 \$108	5:30 - 6:15am in APC Kickboxing Jessica 4/9 - 4/30 \$15/class	5:30 - 6:15am in APC Bootcamp Jess 4/3 - 4/24 \$15/class		
	5:30 - 6:15pm in APC Kickboxing Jessica 4/7 - 4/28 \$15/class	5:30 - 6:15pm in APC Bootcamp: Hyrox Method Katie 4/1 - 4/29 \$15/class	5:30 - 6:15am in APC Bootcamp Annie 4/2 \$15/class			
			6:45 - 7:45am in APC/Out Run Club Alyssa C. 4/2 - 4/30 \$65			
<p align="center">*12 HOUR CANCELLATION POLICY*</p> <p align="center">Please check your schedule prior to registering for classes as there are no makeups or refunds for cancellations with less than 12 hours notice.</p> <p align="center">**ENROLLMENTS - NO CANCELLATIONS</p> <p align="center">REGISTRATION OPENS ON MARCH 20TH</p>			<p align="center">Team Training (30 mins) 7-12 participants \$10/class</p>	<p align="center">Team Training (45 mins) 7-12 participants \$15/class *class pack available</p>	<p align="center">Run Club (60 mins) 7-15 participants 5 week program Meet 1x/week</p>	<p align="center">Team Training Enrollment 7-12 participants 4 or 6 week program Meet 1x/week</p>

To reserve your spot visit our website
www.fitnessunlimited.com
 or call/stop by the member service desk
 617 - 698 - 0260



*All classes are subject to cancellation if less than 2 people are enrolled.
 In the event of a cancellation - the purchased class will remain on your account to be used for a future booking.