

march

team training

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30 - 6:15am in APC Bootcamp: Hyrox Method Stephanie 3/2 - 3/30 \$15/class	5:15 - 6:00am in Cardio Room Zone 45 Jacquie 3/3 - 3/31 \$15/class	5:30 - 6:15am in APC Stability Ball Strength Dawn 3/4 - 3/25 \$15/class	5:15 - 6:00am in Cardio Room Zone 45 Jacquie 3/5 - 3/26 \$15/class	5:30 - 6:15am in Studio 1 Strictly Strength Dawn 3/6 - 3/27 \$15/class	8:10 - 8:55am in APC Kettlebells & Boxing Cheryl M. 3/7 - 3/28 \$15/class	8:00 - 8:45am in APC Kickboxing Jessica 3/1 - 3/29 \$15/class
5:15 - 6:00pm in APC Progressive Strength Training Alyssa C. 3/23 - 4/27 \$108	5:30 - 6:15am in APC Strictly Strength Dawn 3/3 - 3/31 \$15/class	8:00 - 8:45am in APC Progressive Strength Training Alyssa C. 3/25 - 4/29 \$108	5:30 - 6:15am in APC Kickboxing Jessica 3/5 - 3/19 no class 3/26 \$15/class	5:30 - 6:15am in APC Bootcamp Jess 3/6 - 3/27 \$15/class		
	5:30 - 6:15pm in APC Kickboxing Jessica 3/3 - 3/17 no class 3/24 \$15/class	5:30 - 6:15pm in APC Bootcamp: Hyrox Method Katie 3/4 - 3/18 \$15/class	<div style="background-color: yellow; border: 1px solid black; padding: 5px;"> COMING IN APRIL! 6:15 - 7:15am in APC/Outdoor Run Club Alyssa C. 4/2 - 4/30 \$65 </div>			
<p align="center">*12 HOUR CANCELLATION POLICY*</p> <p align="center">Please check your schedule prior to registering for classes as there are no makeups or refunds for cancellations with less than 12 hours notice. **ENROLLMENTS - NO CANCELLATIONS</p> <p align="center">REGISTRATION OPENS ON FEBRUARY 20TH</p>			<p align="center">Team Training (30 mins) 7-12 participants \$10/class</p>	<p align="center">Team Training (45 mins) 7-12 participants \$15/class *class pack available</p>	<p align="center">Team Training (50 mins) 7-12 participants \$20/class</p>	<p align="center">Team Training Enrollment 7-12 participants 4 or 6 week program Meet 1x/week</p>

To reserve your spot visit our website
www.fitnessunlimited.com
 or call/stop by the member service desk
 617 - 698 - 0260



*All classes are subject to cancellation if less than 2 people are enrolled.
 In the event of a cancellation - the purchased class will remain on your account to be used for a future booking.