

february

pilates programming

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|--|--|--|---|--|--|---|
| 6:00 - 6:50 am Reformer (All Levels) Danielle 2/2 - 2/23 \$30/class | 5:30 - 6:20 am Reformer (All Levels) Cheryl 2/3 - 2/24 \$30/class | 6:00 - 6:50 am Reformer (All Levels) Danielle 2/4 - 2/25 \$30/class | 6:00 - 6:50 am Reformer (Int/Adv) Lisa 2/5 - 2/26 no class 2/19 \$30/class | 6:00 - 6:50 am Reformer (All Levels) Danielle 2/6 - 2/27 \$30/class | 7:00 - 7:50 am Reformer (All Levels) Danielle 2/7 - 2/28 \$30/class | 9:00 - 9:50 am Reformer (All Levels) Amy 2/1 - 2/22 \$30/class |
| 7:00 - 7:50 am Reformer (Int/Adv) Danielle 2/2 - 2/23 \$30/class | 7:00 - 7:50 am Reformer (All Levels) Cheryl 2/3 - 2/24 \$30/class | 7:00 - 7:50 am Reformer (Int/Adv) Danielle 2/4 - 2/25 \$30/class | 7:00 - 7:50 am Reformer (All Levels) Cheryl 2/5 - 2/26 \$30/class | 7:00 - 7:50 am Reformer (Int/Adv) Danielle 2/6 - 2/27 \$30/class | 8:00 - 8:50 am Reformer (Int/Adv) Danielle 2/7 - 2/28 \$30/class | 10:00 - 10:50 am Reformer (All Levels) Amy 2/1 - 2/22 \$30/class |
| 8:30 - 9:20 am Reformer (Int/Adv) Danielle 2/2 - 2/23 \$30/class | 8:00 - 8:50 am Reformer (All Levels) Cheryl 2/3 - 2/24 \$30/class | 8:00 - 8:50 am Reformer (Int/Adv) Danielle 2/4 - 2/25 \$30/class | 8:00 - 8:50 am Reformer (All Levels) Cheryl 2/5 - 2/26 \$30/class | 8:00 - 8:50 am Reformer (Int/Adv) Danielle 2/6 - 2/27 \$30/class | 9:00 - 9:50 am Reformer (Int/Adv) Danielle 2/7 - 2/28 \$30/class | 11:00 - 11:50 am Reformer (All Levels) Amy 2/1 - 2/22 \$30/class |
| 10:30 - 11:20 am Reformer (All Levels) Danielle 2/2 - 2/23 \$30/class | 9:00 - 9:50 am Reformer (All Levels) Amy 2/3 - 2/24 \$30/class | 9:00 - 9:50 am Reformer (Int/Adv) Danielle 2/4 - 2/25 \$30/class | 9:00 - 9:50 am Reformer (Int/Adv) Kimberly 2/5 - 2/26 \$30/class | 9:00 - 9:50 am Reformer (Int/Adv) Danielle 2/6 - 2/27 \$30/class | | |
| 5:30 - 6:20 pm Reformer (All Levels) Lisa 2/2 - 2/23 \$30/class | 6:15 - 7:05 pm Reformer (Int/Adv) May 2/3 - 2/24 \$30/class | 4:30 - 5:20 pm Reformer (All Levels) May 2/4 - 2/25 \$30/class | 10:30 - 11:20 am Reformer (All Levels) Cheryl 2/5 - 2/26 \$30/class | 10:30 - 11:20 am Reformer (All Levels) Danielle 2/6 - 2/27 \$30/class | | |
| | | 5:45 - 6:35 pm Reformer (All Levels) Cheryl 2/4 - 2/25 \$30/class | 4:30 - 5:20 pm Reformer (All Levels) Michelle 2/5 - 2/26 \$30/class | 4:00 - 4:50 pm Reformer (All Levels) Amy 2/6 - 2/27 \$30/class | | |
| | | 6:40 - 7:30 pm Reformer (All Levels) Cheryl 2/4 - 2/25 \$30/class | *12 HOUR CANCELLATION POLICY* Please check your schedule prior to registering for classes as there are no makeups or refunds for cancellations with less than 12 hours notice. | | | |

REGISTRATION OPENS ON JANUARY 20TH

New Participants (no previous experience) to reformer training are required to schedule a **Pilates Consultation**.
Please inquire at the member service desk for scheduling.

To reserve your spot visit our website
www.fitnessunlimited.com
 or call/stop by the member service desk
 617 - 698 - 0260



*All classes are subject to cancellation if less than 2 people are enrolled.
 In the event of a cancellation - the purchased class will remain on your account to be used for a future booking.