

january

team training

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30 - 6:15am in APC Bootcamp: Hyrox Method Stephanie 1/5 - 1/26 no class 1/19 \$15/class	5:15 - 6:00am in Cardio Room Zone 45 Jacquie 1/6 - 1/27 \$15/class	5:30 - 6:15am in Studio 4 Let's Have a Ball! Dawn 1/7 - 1/28 \$15/class	5:30 - 6:15am in APC Kickboxing Jessica 1/8 - 1/29 \$15/class	5:30 - 6:15am in Studio 1 Muscle Magic Dawn 1/9 - 1/30 \$15/class	7:00 - 7:45am in APC Bootcamp Jacquie 1/3 - 1/31 \$15/class	8:00 - 8:45am in APC Kickboxing Jessica 1/4 - 1/25 \$15/class
	5:30 - 6:15am in Studio 4 Cycle & Strength Dawn 1/6 - 1/27 \$15/class	8:00 - 8:45am in APC Progressive Strength Training Alyssa 1/7 - 1/28 \$72		5:30 - 6:15am in APC Bootcamp Jess 1/2 - 1/30 \$15/class	8:10 - 8:55am in APC Kettlebells & Boxing Cheryl M. 1/10 - 1/31 \$15/class	
	5:30 - 6:15pm in APC Kickboxing Jessica 1/6 - 1/27 \$15/class	5:00 - 5:45pm in APC Bootcamp: Hyrox Method Katie 1/7 - 1/28 \$15/class				
12 HOUR CANCELLATION POLICY						
<p>Please check your schedule prior to registering for classes as there are no makeups or refunds for cancellations with less than 12 hours notice.</p> <p>**ENROLLMENTS - NO CANCELLATIONS</p> <p>REGISTRATION OPENS ON DECEMBER 20TH</p>			<p>Team Training (30 mins) 7-12 participants \$10/class</p>	<p>Team Training (45 mins) 7-12 participants \$15/class *class pack available</p>	<p>Team Training (50 mins) 7-12 participants \$20/class</p>	<p>Team Training Enrollment 7-12 participants 4 week program Meet 1x/week</p>

To reserve your spot visit our website
www.fitnessunlimited.com
 or call/stop by the member service desk
 617 - 698 - 0260



*All classes are subject to cancellation if less than 2 people are enrolled.
 In the event of a cancellation - the purchased class will remain on your account to be used for a future booking.