

december

team training

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30 - 6:15am in APC Bootcamp: Hyrox Method Stephanie 12/1 - 12/22 \$15/class	5:30 - 6:15am in Studio 4 Cycle & Strength Dawn 12/2 - 12/23 \$15/class	5:30 - 6:15am in Studio 4 Let's Have a Ball! Dawn 12/3 - 12/24 \$15/class	5:30 - 6:15am in APC Kickboxing Jessica 12/4 - 12/18 \$15/class	5:30 - 6:15am in Studio 1 Muscle Magic Dawn 12/5 - 12/19 \$15/class	7:00 - 7:45am in APC Bootcamp Jacquie 12/13 - 12/27 \$15/class	8:00 - 8:45am in APC Kickboxing Jessica 12/7 - 12/28 \$15/class
6:30 - 7:20pm in APC Level Up Nicole 12/1 - 12/15 \$20/class	4:30 - 5:15pm in Cardio Room Zone 45 Jacquie 12/9 - 12/23 \$15/class	5:00 - 5:45pm in APC Bootcamp: Hyrox Method Katie 12/3 - 12/17 \$15/class	9:00 - 9:45am in Cardio Room Zone 45 Liz 12/11 \$15/class	5:30 - 6:20am in APC Bootcamp Jess 12/12 & 12/19 \$15/class	8:10 - 8:55am in APC Kettlebells & Boxing Cheryl M. 12/6 - 12/27 \$15/class	
	5:30 - 6:15pm in APC Kickboxing Jessica 12/2 - 12/30 \$15/class	6:30 - 7:20pm in APC Level Up Nicole 12/3 - 12/17 \$20/class				
12 HOUR CANCELLATION POLICY Please check your schedule prior to registering for classes as there are no makeups or refunds for cancellations with less than 12 hours notice. **ENROLLMENTS - NO CANCELLATIONS REGISTRATION OPENS ON NOVEMBER 20TH				Team Training (30 mins) 7-12 participants \$10/class	Team Training (45 mins) 7-12 participants \$15/class *class pack available	Team Training (50 mins) 7-12 participants \$20/class

To reserve your spot visit our website
www.fitnessunlimited.com
 or call/stop by the member service desk
 617 - 698 - 0260



*All classes are subject to cancellation if less than 2 people are enrolled.
 In the event of a cancellation - the purchased class will remain on your account to be used for a future booking.