

# december

# pilates programming

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 - 6:50 am <b>Reformer (All Levels)</b> Danielle 12/1 - 12/29 \$30/class	5:30 - 6:20 am <b>Reformer (All Levels)</b> Cheryl 12/2 - 12/30 \$30/class	6:00 - 6:50 am <b>Reformer (All Levels)</b> Danielle 12/3 - 12/31 \$30/class	6:00 - 6:50 am <b>Reformer (Int/Adv)</b> Lisa 12/4 - 12/18 \$30/class	6:00 - 6:50 am <b>Reformer (All Levels)</b> Danielle 12/5 - 12/19 \$30/class	7:00 - 7:50 am <b>Reformer (All Levels)</b> Danielle 12/6 - 12/27 \$30/class	9:00 - 9:50 am <b>Reformer (All Levels)</b> Amy 12/7 - 12/28 no class 12/14 \$30/class
7:00 - 7:50 am <b>Reformer (Int/Adv)</b> Danielle 12/1 - 12/29 \$30/class	7:00 - 7:50 am <b>Reformer (All Levels)</b> Cheryl 12/2 - 12/30 \$30/class	7:00 - 7:50 am <b>Reformer (Int/Adv)</b> Danielle 12/3 - 12/31 \$30/class	7:00 - 7:50 am <b>Reformer (All Levels)</b> Cheryl 12/4 - 12/18 \$30/class	7:00 - 7:50 am <b>Reformer (Int/Adv)</b> Danielle 12/5 - 12/19 \$30/class	8:00 - 8:50 am <b>Reformer (Int/Adv)</b> Danielle 12/6 - 12/27 \$30/class	10:00 - 10:50 am <b>Reformer All Levels)</b> Amy 12/7 - 12/28 no class 12/14 \$30/class
8:30 - 9:20 am <b>Barre Reformer</b> Danielle 12/1 - 12/29 \$30/class	8:00 - 8:50 am <b>Reformer (All Levels)</b> Cheryl 12/2 - 12/30 \$30/class	8:00 - 8:50 am <b>Reformer (Int/Adv)</b> Danielle 12/3 - 12/31 \$30/class	8:00 - 8:50 am <b>Reformer (All Levels)</b> Cheryl 12/4 - 12/18 \$30/class	8:00 - 8:50 am <b>Reformer (Int/Adv)</b> Danielle 12/5 - 12/19 \$30/class	9:00 - 9:50 am <b>Reformer (Int/Adv)</b> Danielle 12/6 - 12/27 \$30/class	
10:30 - 11:20 am <b>Reformer (All Levels)</b> Danielle 12/1 - 12/29 \$30/class	9:00 - 9:50 am <b>Reformer (All Levels)</b> Amy 12/2 - 12/30 \$30/class	9:00 - 9:50 am <b>Reformer (Int/Adv)</b> Danielle 12/3 - 12/31 \$30/class	9:00 - 9:50 am <b>Reformer (Int/Adv)</b> Kimberly 12/4 - 12/18 \$30/class	9:00 - 9:50 am <b>Reformer (Int/Adv)</b> Danielle 12/5 - 12/19 \$30/class		
5:30 - 6:20 pm <b>Reformer (All Levels)</b> Lisa 12/1 - 12/29 \$30/class	6:15 - 7:05 pm <b>Reformer (Int/Adv)</b> May 12/2 - 12/30 \$30/class	4:30 - 5:20 pm <b>Reformer (All Levels)</b> May 12/3 - 12/17 \$30/class	10:30 - 11:20 am <b>Reformer (All Levels)</b> Cheryl 12/4 - 12/18 \$30/class	10:30 - 11:20 am <b>Reformer (All Levels)</b> Danielle 12/5 - 12/19 \$30/class		
		5:45 - 6:35 pm <b>Reformer (All Levels)</b> Cheryl 12/3 - 12/17 \$30/class		4:00 - 4:50 pm <b>Reformer (All Levels)</b> Amy 12/5 - 12/26 no class 12/12 \$30/class		
		6:40 - 7:30 pm <b>Reformer (All Levels)</b> Cheryl 12/3 - 12/17 \$30/class	<p align="center"><b>*12 HOUR CANCELLATION POLICY*</b></p> <p align="center">Please check your schedule prior to registering for classes as there are no makeups or refunds for cancellations with less than 12 hours notice.</p>			

**REGISTRATION OPENS ON NOVEMBER 20TH**

*New Participants (no previous experience) to reformer training are required to schedule a **Pilates Consultation**.  
Please inquire at the member service desk for scheduling.*

To reserve your spot visit our website  
www.fitnessunlimited.com  
or call/stop by the member service desk  
617 - 698 - 0260



\*All classes are subject to cancellation if less than 2 people are enrolled.  
In the event of a cancellation - the purchased class will remain on your account to be used for a future booking.