

november

pilates programming

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 - 6:50 am Reformer (All Levels) Danielle 11/3 - 11/24 \$30/class	5:30 - 6:20 am Reformer (All Levels) Cheryl 11/4 - 11/25 \$30/class	6:00 - 6:50 am Reformer (All Levels) Danielle 11/5 - 11/19 \$30/class	6:00 - 6:50 am Reformer (Int/Adv) Lisa 11/20 \$30/class	6:00 - 6:50 am Reformer (All Levels) Danielle 11/7 - 11/21 \$30/class	7:00 - 7:50 am Reformer (All Levels) Danielle 11/1 - 11/29 \$30/class	9:00 - 9:50 am Reformer (All Levels) Amy 11/2 - 11/23 no class 11/9 \$30/class
7:00 - 7:50 am Reformer (Int/Adv) Danielle 11/3 - 11/24 \$30/class	7:00 - 7:50 am Reformer (All Levels) Cheryl 11/4 - 11/25 \$30/class	7:00 - 7:50 am Reformer (Int/Adv) Danielle 11/5 - 11/19 \$30/class	7:00 - 7:50 am Reformer (All Levels) Cheryl 11/6 - 11/20 \$30/class	7:00 - 7:50 am Reformer (Int/Adv) Danielle 11/7 - 11/21 \$30/class	8:00 - 8:50 am Reformer (Int/Adv) Danielle 11/1 - 11/29 \$30/class	10:00 - 10:50 am Reformer All Levels) Amy 11/2 - 11/23 no class 11/9 \$30/class
8:30 - 9:20 am Barre Reformer Danielle 11/3 - 11/24 \$30/class	8:00 - 8:50 am Reformer (Basics) Cheryl 11/4 - 11/25 \$30/class	8:00 - 8:50 am Reformer (Int/Adv) Danielle 11/5 - 11/19 \$30/class	8:00 - 8:50 am Reformer (All Levels) Cheryl 11/6 - 11/20 \$30/class	8:00 - 8:50 am Reformer (Int/Adv) Danielle 11/7 - 11/21 \$30/class	9:00 - 9:50 am Reformer (Int/Adv) Danielle 11/1 - 11/29 \$30/class	
10:30 - 11:20 am Reformer (All Levels) Danielle 11/3 - 11/24 \$30/class	9:00 - 9:50 am Reformer (All Levels) Amy 11/4 - 11/25 \$30/class	9:00 - 9:50 am Reformer (Int/Adv) Danielle 11/5 - 11/19 \$30/class	9:00 - 9:50 am Reformer (Int/Adv) Kimberly 11/6 - 11/20 \$30/class	9:00 - 9:50 am Reformer (Int/Adv) Danielle 11/7 - 11/21 \$30/class		
5:30 - 6:20 pm Reformer (All Levels) Lisa 11/3 - 11/24 no class 11/10 \$30/class	6:15 - 7:05 pm Reformer (Int/Adv) May 11/4 - 11/25 no class 11/11 \$30/class	4:30 - 5:20 pm Reformer (All Levels) May 11/5 - 11/19 \$30/class	10:30 - 11:20 am Reformer (All Levels) Cheryl 11/6 - 11/20 \$30/class	10:30 - 11:20 am Reformer (All Levels) Danielle 11/7 - 11/21 \$30/class		
		5:45 - 6:35 pm Reformer (All Levels) Cheryl 11/5 - 11/19 \$30/class		4:00 - 4:50 pm Reformer (All Levels) Amy 11/14 & 11/21 \$30/class		
		6:40 - 7:30 pm Reformer (All Levels) Cheryl 11/5 - 11/19 \$30/class	*12 HOUR CANCELLATION POLICY* Please check your schedule prior to registering for classes as there are no makeups or refunds for cancellations with less than 12 hours notice.			

REGISTRATION OPENS ON OCTOBER 20TH

New Participants (no previous experience) to reformer training are required to schedule a **Pilates Consultation**.
Please inquire at the member service desk for scheduling.

To reserve your spot visit our website
www.fitnessunlimited.com
 or call/stop by the member service desk
 617 - 698 - 0260



*All classes are subject to cancellation if less than 2 people are enrolled.
 In the event of a cancellation - the purchased class will remain on your account to be used for a future booking.