

# october

# pilates programming

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 - 6:50 am <b>Reformer (All Levels)</b> Danielle 10/6 - 10/27 no class 10/13 \$30/class	5:30 - 6:20 am <b>Reformer (All Levels)</b> Cheryl 10/7 - 10/28 \$30/class	6:00 - 6:50 am <b>Reformer (All Levels)</b> Danielle 10/1 - 10/29 \$30/class	6:00 - 6:50 am <b>Reformer (Int/Adv)</b> Lisa 10/2 - 10/16 \$30/class	6:00 - 6:50 am <b>Reformer (All Levels)</b> Danielle 10/3 - 10/31 \$30/class	7:00 - 7:50 am <b>Reformer (All Levels)</b> Danielle 10/4 - 10/18 no class 10/25 \$30/class	9:00 - 9:50 am *POP UP* <b>Reformer (All Levels)</b> Amy 10/5 \$30/class
7:00 - 7:50 am <b>Reformer (Int/Adv)</b> Danielle 10/6 - 10/27 no class 10/13 \$30/class	7:00 - 7:50 am <b>Reformer (All Levels)</b> Cheryl 10/7 - 10/28 \$30/class	7:00 - 7:50 am <b>Reformer (Int/Adv)</b> Danielle 10/1 - 10/29 \$30/class	7:00 - 7:50 am <b>Reformer (All Levels)</b> Cheryl 10/2 - 10/30 \$30/class	7:00 - 7:50 am <b>Reformer (Int/Adv)</b> Danielle 10/3 - 10/31 \$30/class	8:00 - 8:50 am <b>Reformer (Int/Adv)</b> Danielle 10/4 - 10/18 no class 10/25 \$30/class	10:00 - 10:50 am *POP UP* <b>Reformer All Levels)</b> Amy 10/5 \$30/class
8:30 - 9:20 am <b>Barre Reformer</b> Danielle 10/6 - 10/27 no class 10/13 \$30/class	8:00 - 8:50 am <b>Reformer (Basics)</b> Cheryl 10/7 - 10/28 \$30/class	8:00 - 8:50 am <b>Reformer (Int/Adv)</b> Danielle 10/1 - 10/29 \$30/class	8:00 - 8:50 am <b>Reformer (All Levels)</b> Cheryl 10/2 - 10/30 \$30/class	8:00 - 8:50 am <b>Reformer (Int/Adv)</b> Danielle 10/3 - 10/31 \$30/class	9:00 - 9:50 am <b>Reformer (Int/Adv)</b> Danielle 10/4 - 10/18 no class 10/25 \$30/class	
10:30 - 11:20 am <b>Reformer (All Levels)</b> Danielle 10/6 - 10/27 no class 10/13 \$30/class	6:15 - 7:05 pm <b>Reformer (Int/Adv)</b> May 10/7 - 10/28 no class 10/14 \$30/class	9:00 - 9:50 am <b>Reformer (Int/Adv)</b> Danielle 10/1 - 10/29 \$30/class	9:00 - 9:50 am <b>Reformer (Int/Adv)</b> Kimberly 10/2 - 10/31 \$30/class	9:00 - 9:50 am <b>Reformer (Int/Adv)</b> Danielle 10/3 - 10/31 \$30/class		
5:30 - 6:20 pm <b>Reformer (All Levels)</b> Lisa 10/6 - 10/27 no class 10/13 \$30/class		4:30 - 5:20 pm <b>Reformer (All Levels)</b> May 10/1 - 10/29 \$30/class	10:30 - 11:20 am <b>Reformer (All Levels)</b> Cheryl 10/2 - 10/30 \$30/class	10:30 - 11:20 am <b>Reformer (All Levels)</b> Danielle 10/3 - 10/31 \$30/class		
		5:45 - 6:35 pm <b>Reformer (All Levels)</b> Cheryl 10/1 - 10/29 \$30/class		<p><b>*12 HOUR CANCELLATION POLICY*</b></p> <p>Please check your schedule prior to registering for classes as there are no makeups or refunds for cancellations with less than 12 hours notice.</p> <p><b>REGISTRATION OPENS ON SEPTEMBER 20TH</b></p>		
		6:40 - 7:30 pm <b>Reformer (All Levels)</b> Cheryl 10/1 - 10/29 \$30/class				

New Participants (no previous experience) to reformer training are required to schedule a **Pilates Consultation**. Please inquire at the member service desk for scheduling.

To reserve your spot visit our website  
[www.fitnessunlimited.com](http://www.fitnessunlimited.com)  
 or call/stop by the member service desk  
 617 - 698 - 0260



\*All classes are subject to cancellation if less than 2 people are enrolled.  
 In the event of a cancellation - the purchased class will remain on your account to be used for a future booking.