

september

pilates programming

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 - 6:50 am Reformer (All Levels) Danielle 9/8 - 9/29 \$30/class	5:30 - 6:20 am Reformer (All Levels) Cheryl 9/2 - 9/30 \$30/class	6:00 - 6:50 am Reformer (All Levels) Danielle 9/3 - 9/24 \$30/class	6:00 - 6:50 am Reformer (Int/Adv) Lisa 9/11 - 9/18 \$30/class	6:00 - 6:50 am Reformer (All Levels) Danielle 9/5 - 9/26 \$30/class	7:00 - 7:50 am Reformer (All Levels) Danielle 9/6 - 9/27 no class 9/20 \$30/class	
7:00 - 7:50 am Reformer (Int/Adv) Danielle 9/8 - 9/29 \$30/class	7:00 - 7:50 am Reformer (All Levels) Cheryl 9/2 - 9/30 \$30/class	7:00 - 7:50 am Reformer (Int/Adv) Danielle 9/3 - 9/24 \$30/class	7:00 - 7:50 am Reformer (All Levels) Cheryl 9/4 - 9/25 \$30/class	7:00 - 7:50 am Reformer (Int/Adv) Danielle 9/5 - 9/26 \$30/class	8:00 - 8:50 am Reformer (Int/Adv) Danielle 9/6 - 9/27 no class 9/20 \$30/class	
8:30 - 9:20 am Barre Reformer Danielle 9/8 - 9/29 \$30/class	8:00 - 8:50 am Reformer (Basics) Cheryl 9/2 - 9/30 \$30/class	8:00 - 8:50 am Reformer (Int/Adv) Danielle 9/3 - 9/24 \$30/class	8:00 - 8:50 am Reformer (All Levels) Cheryl 9/4 - 9/25 \$30/class	8:00 - 8:50 am Reformer (Int/Adv) Danielle 9/5 - 9/26 \$30/class	9:00 - 9:50 am Reformer (Int/Adv) Danielle 9/6 - 9/27 no class 9/20 \$30/class	
10:30 - 11:20 am Reformer (All Levels) Danielle 9/15 - 9/29 \$30/class	6:15 - 7:05 pm Reformer (Int/Adv) May 9/2 - 9/30 \$30/class	9:00 - 9:50 am Reformer (Int/Adv) Danielle 9/3 - 9/24 \$30/class	9:00 - 9:50 am Reformer (Int/Adv) Kimberly 9/4 - 9/25 \$30/class	9:00 - 9:50 am Reformer (Int/Adv) Danielle 9/5 - 9/26 \$30/class		
5:30 - 6:20 pm Reformer (All Levels) Lisa 9/8 - 9/22 \$30/class		4:30 - 5:20 pm Reformer (All Levels) May 9/3 - 9/24 \$30/class	10:30 - 11:20 am Reformer (All Levels) Cheryl 9/4 - 9/25 \$30/class	10:30 - 11:20 am Reformer (All Levels) Danielle 9/5 - 9/26 \$30/class		
		5:45 - 6:35 pm Reformer (All Levels) Cheryl 9/3 - 9/24 \$30/class		*12 HOUR CANCELLATION POLICY* Please check your schedule prior to registering for classes as there are no makeups or refunds for cancellations with less than 12 hours notice. REGISTRATION OPENS ON AUGUST 20TH		
		6:40 - 7:30 pm Reformer (All Levels) Cheryl 9/3 - 9/24 \$30/class				

New Participants (no previous experience) to reformer training are required to schedule a **Pilates Consultation**. Please inquire at the member service desk for scheduling.

To reserve your spot visit our website
www.fitnessunlimited.com
 or call/stop by the member service desk
 617 - 698 - 0260



*All classes are subject to cancellation if less than 2 people are enrolled.
 In the event of a cancellation - the purchased class will remain on your account to be used for a future booking.