

july

team training

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30 - 6:15am in APC HYROX: Strength + Grit Stephanie P. 7/21 \$15/class	5:30 - 6:15am in Studio 4 Cycle & Strength Dawn 7/1 - 7/29 no class 7/15 \$15/class	5:30 - 6:15am in Studio 4 Cycle & Strength Dawn 7/2 - 7/30 no class 7/16 \$15/class	5:30 - 6:15am in APC Kickboxing Jessica 7/3 - 7/31 \$15/class	5:30 - 6:15am in Studio 1 Muscle Magic Dawn 7/11 & 7/25 \$15/class	8:10 - 8:55am in APC Kettlebells & Boxing Cheryl M. 7/12 - 7/26 \$15/class	8:00 - 8:45am in APC Kickboxing Jessica 7/6 - 7/27 \$15/class
9:30 - 10:00am in APC Metcon Liz 7/14 & 7/21 \$10/class	5:30 - 6:15pm in APC Kickboxing Jessica 7/1 - 7/29 \$15/class	6:00 - 6:45pm in APC Bootcamp Nicole 7/2 - 7/30 \$15/class	9:30 - 10:15am in CR HYROX: Cardio + Power Stephanie P. 7/17 \$15/class 6:00 - 6:45pm in APC HYROX: Strength + Grit Stephanie P. 7/31 \$15/class			
<p>*12 HOUR CANCELLATION POLICY*</p> <p>Please check your schedule prior to registering for classes as there are no makeups or refunds for cancellations with less than 12 hours notice.</p> <p>**ENROLLMENTS - NO CANCELLATIONS</p> <p>REGISTRATION OPENS ON JUNE 20TH</p>				Team Training (30 mins) 7-12 participants \$10/class	Team Training (45 mins) 7-12 participants \$15/class *class pack available	**Enrollment 7-12 participants 6 week program/workshop

To reserve your spot visit our website
www.fitnessunlimited.com
 or call/stop by the member service desk
 617 - 698 - 0260



*All classes are subject to cancellation if less than 2 people are enrolled.
 In the event of a cancellation - the purchased class will remain on your account to be used for a future booking.