

july

## pilates programming

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 - 6:50 am <b>Reformer (All Levels)</b> Danielle 7/7 - 7/28 \$30/class	5:30 - 6:20 am <b>Reformer (All Levels)</b> Cheryl 7/1 - 7/29 \$30/class	6:00 - 6:50 am <b>Reformer (All Levels)</b> Cheryl 7/2 - 7/30 \$30/class	6:00 - 6:50 am <b>Reformer (Int/Adv)</b> Lisa 7/10 - 7/31 \$30/class	6:00 - 6:50 am <b>Reformer (All Levels)</b> Danielle 7/11 - 7/25 \$30/class	7:00 - 7:50 am <b>Reformer (All Levels)</b> Danielle 7/12 - 7/26 \$30/class	
7:00 - 7:50 am <b>Reformer (Int/Adv)</b> Danielle 7/7 - 7/28 \$30/class	7:00 - 7:50 am <b>Reformer (All Levels)</b> Cheryl 7/1 - 7/29 \$30/class	7:00 - 7:50 am <b>Reformer (Int/Adv)</b> Danielle 7/2 - 7/30 \$30/class	7:00 - 7:50 am <b>Reformer (All Levels)</b> Cheryl 7/3 - 7/31 \$30/class	7:00 - 7:50 am <b>Reformer (Int/Adv)</b> Danielle 7/11 - 7/25 \$30/class	8:00 - 8:50 am <b>Reformer (Int/Adv)</b> Danielle 7/12 - 7/26 \$30/class	
8:30 - 9:20 am <b>Barre Reformer</b> Danielle 7/7 - 7/28 \$30/class	8:00 - 8:50 am <b>Reformer (Basics)</b> Cheryl 7/1 - 7/29 \$30/class	8:00 - 8:50 am <b>Reformer (Int/Adv)</b> Danielle 7/2 - 7/30 \$30/class	8:00 - 8:50 am <b>Reformer (All Levels)</b> Cheryl 7/3 - 7/31 \$30/class	8:00 - 8:50 am <b>Reformer (Int/Adv)</b> Danielle 7/11 - 7/25 \$30/class	9:00 - 9:50 am <b>Reformer (Int/Adv)</b> Danielle 7/12 - 7/26 \$30/class	
10:30 - 11:20 am <b>Reformer (All Levels)</b> Danielle 7/7 - 7/28 \$30/class	6:00 - 6:50 pm <b>Reformer (Int/Adv)</b> May 7/1 - 7/29 no class 7/8 \$30/class	9:00 - 9:50 am <b>Reformer (Int/Adv)</b> Danielle 7/2 - 7/30 \$30/class	9:00 - 9:50 am <b>Reformer (Int/Adv)</b> Kimberly 7/10 - 7/24 \$30/class	9:00 - 9:50 am <b>Reformer (Int/Adv)</b> Danielle 7/11 - 7/25 \$30/class		
5:30 - 6:20 pm <b>Reformer (All Levels)</b> Lisa 7/14 - 7/28 \$30/class		5:45 - 6:35 pm <b>Reformer (All Levels)</b> Cheryl 7/2 - 7/30 \$30/class	10:30 - 11:20 am <b>Reformer (All Levels)</b> Cheryl 7/3 - 7/31 \$30/class	10:30 - 11:20 am <b>Reformer (All Levels)</b> Danielle 7/11 - 7/25 \$30/class		
		6:40 - 7:30 pm <b>Reformer (All Levels)</b> Cheryl 7/2 - 7/30 \$30/class		<p><b>*12 HOUR CANCELLATION POLICY*</b></p> <p>Please check your schedule prior to registering for classes as there are no makeups or refunds for cancellations with less than 12 hours notice.</p> <p><b>REGISTRATION OPENS ON JUNE 20TH</b></p>		

New Participants (no previous experience) to reformer training are required to schedule a **Pilates Consultation**.  
Please inquire at the member service desk for scheduling.

To reserve your spot visit our website  
www.fitnessunlimited.com  
or call/stop by the member service desk  
617 - 698 - 0260



\*All classes are subject to cancellation if less than 2 people are enrolled.  
In the event of a cancellation - the purchased class will remain on your account to be used for a future booking.