

may

team training

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30 - 6:15am in Studio 4 Cycle & Strength Dawn 5/5 - 5/19 \$15/class	5:30 - 6:15am in Studio 4 Cycle & Strength Dawn 5/6 - 5/27 \$15/class	5:30 - 6:15am in CR SHRED 45 *POP UP* Nicole 5/7 \$15/class	5:30 - 6:15am in APC Kickboxing Jessica 5/1 - 5/29 \$15/class	5:30 - 6:15am in Studio 1 Muscle Magic Dawn 5/2 - 5/30 \$15/class	8:10 - 8:55am in APC Kettlebells & Boxing Cheryl M. 5/3 - 5/31 \$15/class	8:00 - 8:45am in APC Kickboxing Jessica 5/4 - 5/25 \$15/class
9:30 - 10:00am in APC Metcon Liz 5/5 & 5/12 \$10/class	5:30 - 6:15pm in APC Kickboxing Jessica 5/6 - 5/27 \$15/class	8:30 - 9:15am in APC Level Up (meets 2x/wk) Nicole 4/30 - 6/6 \$259	7:15 - 7:45am in APC Quick Boxing Jessica 5/1 - 5/29 \$10/class	5:30 - 6:15am in APC Bootcamp Nicole 5/2 - 5/9 \$15/class		
5:30 - 6:15pm in APC Bootcamp Jessica 5/5 - 5/19 \$15/class			9:00 - 9:45am in CR SHRED 45 Nicole 5/1 - 5/22 \$15/class	8:30 - 9:15am in APC Level Up (meets 2x/wk) Nicole 4/30 - 6/6 \$259		
6:30 - 7:15pm in APC Level Up (meets 2x/wk) Nicole 4/28 - 6/5 \$259			6:30 - 7:15pm in APC Level Up (meets 2x/wk) Nicole 4/28 - 6/5 \$259	9:30 - 10:15am in APC Group PT Lauren 5/2 - 5/30 \$15/class		
<p align="center">*12 HOUR CANCELLATION POLICY*</p> <p align="center">Please check your schedule prior to registering for classes as there are no makeups or refunds for cancellations with less than 12 hours notice.</p> <p align="center">**ENROLLMENTS - NO CANCELLATIONS</p> <p align="center">REGISTRATION OPENS ON APRIL 20TH</p>			<p align="center">Team Training (30 mins) 7-12 participants \$10/class</p>	<p align="center">Team Training (45 mins) 7-12 participants \$15/class *class pack available</p>	<p align="center">**Enrollment 7-12 participants 6 week program/workshop</p>	

To reserve your spot visit our website
www.fitnessunlimited.com
 or call/stop by the member service desk
 617 - 698 - 0260



*All classes are subject to cancellation if less than 2 people are enrolled.
 In the event of a cancellation - the purchased class will remain on your account to be used for a future booking.