

march

team training

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>5:30 - 6:15am in Studio 4 Cycle & Strength Dawn 3/3 - 3/31 \$15/class</p>	<p>5:30 - 6:15am in Studio 4 Cycle & Strength Dawn 3/4 - 3/25 \$15/class</p>	<p>8:30 - 9:15am in APC Level Up (meets 2x/wk) Nicole 3/5 - 4/11 \$259</p>	<p>5:30 - 6:15am in APC Kickboxing Jessica 3/6 - 3/27 \$15/class</p>	<p>5:30 - 6:15am in Studio 1 Muscle Magic Dawn 3/7 - 3/28 \$15/class</p>	<p>8:10 - 8:55am in APC Kettlebells & Boxing Cheryl M. 3/1 - 3/29 \$15/class</p>	<p>8:00 - 8:45am in APC Kickboxing Jessica 3/2 - 3/30 \$15/class</p>
<p>9:30 - 10:00am in APC Metcon Liz 3/3 - 3/31 no class 3/10 & 3/24 \$10/class</p>	<p>5:30 - 6:15pm in APC Kickboxing Jessica 3/4 - 3/25 \$15/class</p>	<p>10:00 - 10:30am in APC Quickboxing Jessica 3/5 - 3/26 \$10/class</p>	<p>7:00 - 7:30am in APC Boxing Basics *POP UP* Jessica 3/20 \$10/class</p>	<p>5:30 - 6:15am in APC Bootcamp Nicole 3/7 - 3/28 \$15/class</p>		<p>9:30 - 10:15am in APC Bootcamp Linda 3/2 - 3/30 \$15/class</p>
<p>4:00 - 4:30pm in APC Boxing Basics *POP UP* Jessica 3/3 \$10/class</p>		<p>4:00 - 4:30pm in APC Boxing Basics *POP UP* Jessica 3/12 \$10/class</p>	<p>8:00 - 8:30am in APC Boxing Basics *POP UP* Jessica 3/27 \$10/class</p>	<p>8:30 - 9:15am in APC Level Up (meets 2x/wk) Nicole 3/5 - 4/11 \$259</p>		
<p>5:30 - 6:15pm in APC Bootcamp Caitlin 3/3 - 3/31 no class 3/17 \$15/class</p>		<p>6:30 - 7:15pm in APC Level Up (meets 2x/wk) Nicole 3/3 - 4/9 \$259</p>	<p>9:30 - 10:15am in CR SHRED 45 Nicole 3/6 - 3/27 \$15/class</p>			
<p>6:30 - 7:15pm in APC Level Up (meets 2x/wk) Nicole 3/3 - 4/9 \$259</p>						
<p>*12 HOUR CANCELLATION POLICY*</p> <p>Please check your schedule prior to registering for classes as there are no makeups or refunds for cancellations with less than 12 hours notice.</p> <p>**ENROLLMENTS - NO CANCELLATIONS</p> <p>REGISTRATION OPENS ON FEBRUARY 20TH</p>			<p>Team Training (30 mins) 7-12 participants \$10/class</p>	<p>Team Training (45 mins) 7-12 participants \$15/class *class pack available</p>	<p>**Enrollment 7-12 participants 6 week program/workshop</p>	

To reserve your spot visit our website
www.fitnessunlimited.com
 or call/stop by the member service desk
 617 - 698 - 0260



*All classes are subject to cancellation if less than 2 people are enrolled.
 In the event of a cancellation - the purchased class will remain on your account to be used for a future booking.