january

pilates programming

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
6:00 - 6:50 am Reformer (All Levels) Danielle 1/6 - 1/27 \$30/class	5:30 - 6:20 am Reformer (All Levels) <i>Cheryl M.</i> 1/7 - 1/28 \$30/class	5:30 - 6:20 am Reformer (All Levels) <i>Caitlin</i> 1/8 - 1/29 \$30/class	6:00 - 6:50 am Reformer (Int/Adv) <i>Lisa</i> 1/9 - 1/23 \$30/class	6:00 - 6:50 am Reformer (All Levels) Danielle 1/3 - 1/31 \$30/class	7:00 - 7:50 am Reformer (All Levels) <i>Caitlin</i> 1/4 - 1/25 \$30/class	11:00 - 11:50 am *POP UP* Reformer (All Levels) May 1/19 \$30/class	
7:00 - 7:50 am Reformer (Int/Adv) Danielle 1/6 - 1/27 \$30/class	7:00 - 7:50 am Reformer (All Levels) Cheryl M. 1/7 - 1/28 \$30/class	7:00 - 7:50 am Reformer (Int/Adv) Danielle 1/8 - 1/29 \$30/class	7:00 - 7:50 am Reformer (All Levels) Cheryl M. 1/2 - 1/30 \$30/class	7:00 - 7:50 am Reformer (Int/Adv) Danielle 1/3 - 1/31 \$30/class	8:00 - 8:50 am Reformer (Int/Adv) Caitlin 1/4 - 1/25 \$30/class		
8:30 - 9:20 am Barre Reformer Danielle 1/6 - 1/27 \$30/class	6:00 - 6:50 pm Reformer (Int/Adv) Caitlin 1/7 - 1/28 \$30/class	8:00 - 8:50 am Reformer (Int/Adv) Danielle 1/8 - 1/29 \$30/class	8:00 - 8:50 am Reformer (All Levels) Cheryl M. 1/2 - 1/30 \$30/class	8:00 - 8:50 am Reformer (Int/Adv) Danielle 1/3 - 1/31 \$30/class	9:00 - 9:50 am Reformer (Int/Adv) Caitlin 1/4 - 1/25 \$30/class		
10:30 - 11:20 am Reformer (All Levels) Danielle 1/6 - 1/27 \$30/class		9:00 - 9:50 am Reformer (Int/Adv) Danielle 1/8 - 1/29 \$30/class	9:00 - 9:50 am Reformer (Int/Adv) <i>Kimberly</i> 1/16 - 1/30 \$30/class	9:00 - 9:50 am Reformer (Int/Adv) Danielle 1/3 - 1/31 \$30/class			
5:30 - 6:20 pm Reformer (All Levels) <i>Lisa</i> 1/6 - 1/20 \$30/class		4:30 - 5:20 pm Barre Reformer <i>Caitlin</i> 1/8 - 1/29 \$30/class	6:30 - 7:20 pm Reformer (All Levels) May 1/2 - 1/30 \$30/class	10:30 - 11:20 am Reformer (All Levels) Danielle 1/3 - 1/31 \$30/class			
		5:45 - 6:35 pm Reformer (All Levels) Cheryl M. 1/8 - 1/29 \$30/class		Please check y	*12 HOUR CANCELLATION POLICY* Please check your schedule prior to registering for classes as there are no makeups or refunds for cancellations with less than 12 hours notice. REGISTRATION OPENS ON DECEMBER 20TH		
		6:40 - 7:30 pm Reformer (All Levels) Cheryl M. 1/8 - 1/29 \$30/class		cancelle			

New Participants <u>(no previous experience)</u> to reformer training are required to schedule a **Pilates Consultation**. Please inquire at the member service desk for scheduling.

To reserve your spot visit our website www.fitnessunlimited.com or call/stop by the member service desk 617 - 698 - 0260



*All classes are subject to cancellation if less than 2 people are enrolled. In the event of a cancellation - the purchased class will remain on your account to be used for a future booking.