

# december

# pilates programming

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
6:00 - 6:50 am <b>Reformer (All Levels)</b> Danielle 12/2 - 12/30 \$30/class	5:30 - 6:20 am <b>Reformer (All Levels)</b> Cheryl M. 12/3 - 12/17 \$30/class	5:30 - 6:20 am <b>Reformer (Int/Adv)</b> Caitlin 12/4 - 12/18 \$30/class	6:00 - 6:50 am <b>Reformer (Int/Adv)</b> Lisa 12/5 - 12/19 \$30/class	6:00 - 6:50 am <b>Reformer (All Levels)</b> Danielle 12/5 - 12/19 \$30/class	7:00 - 7:50 am <b>Reformer (All Levels)</b> Caitlin 12/7 - 12/28 \$30/class		
7:00 - 7:50 am <b>Reformer (Int/Adv)</b> Danielle 12/2 - 12/30 \$30/class	7:00 - 7:50 am <b>Reformer (All Levels)</b> Cheryl M. 12/3 - 12/17 \$30/class	7:00 - 7:50 am <b>Reformer (Int/Adv)</b> Danielle 12/4 - 12/18 \$30/class	7:00 - 7:50 am <b>Reformer (All Levels)</b> Cheryl M. 12/5 - 12/19 \$30/class	7:00 - 7:50 am <b>Reformer (Int/Adv)</b> Danielle 12/6 - 12/27 \$30/class	8:00 - 8:50 am <b>Reformer (Int/Adv)</b> Caitlin 12/7 - 12/28 \$30/class		
8:30 - 9:20 am <b>Barre Reformer</b> Danielle 12/2 - 12/30 \$30/class	6:00 - 6:50 pm <b>Reformer (Int/Adv)</b> Caitlin 12/3 - 12/17 \$30/class	9:00 - 9:50 am <b>Reformer (All Levels)</b> Danielle 12/4 - 12/18 \$30/class	8:00 - 8:50 am <b>Reformer (All Levels)</b> Cheryl M. 12/5 - 12/19 \$30/class	8:00 - 8:50 am <b>Reformer (Int/Adv)</b> Danielle 12/6 - 12/27 \$30/class	9:00 - 9:50 am <b>Reformer (Int/Adv)</b> Caitlin 12/7 - 12/28 \$30/class		
10:30 - 11:20 am <b>Reformer (All Levels)</b> Danielle 12/2 - 12/30 \$30/class		4:30 - 5:20 pm <b>Barre Reformer</b> Caitlin 12/4 - 12/18 \$30/class	9:00 - 9:50 am <b>Reformer (Int/Adv)</b> Kimberly 12/5 & 12/19 \$30/class	9:00 - 9:50 am <b>Reformer (Int/Adv)</b> Danielle 12/6 - 12/27 \$30/class			
5:30 - 6:20 pm <b>Reformer (All Levels)</b> Lisa 12/2 - 12/16 \$30/class		5:45 - 6:35 pm <b>Reformer (All Levels)</b> Cheryl M. 12/4 - 12/18 \$30/class	6:30 - 7:20 pm <b>Reformer (All Levels)</b> May 12/5 - 12/26 \$30/class	10:30 - 11:20 am <b>Reformer (All Levels)</b> Danielle 12/6 - 12/27 no class 12/13 \$30/class			
		6:40 - 7:30 pm <b>Reformer (All Levels)</b> Cheryl M. 12/4 - 12/18 \$30/class		<p><b>*12 HOUR CANCELLATION POLICY*</b></p> <p>Please check your schedule prior to registering for classes as there are no makeups or refunds for cancellations with less than 12 hours notice.</p> <p><b>REGISTRATION OPENS ON NOVEMBER 20TH</b></p>			

New Participants (no previous experience) to reformer training are required to schedule a **Pilates Consultation**. Please inquire at the member service desk for scheduling.

To reserve your spot visit our website  
[www.fitnessunlimited.com](http://www.fitnessunlimited.com)  
 or call/stop by the member service desk  
 617 - 698 - 0260



\*All classes are subject to cancellation if less than 2 people are enrolled. In the event of a cancellation - the purchased class will remain on your account to be used for a future booking.