

august

team training

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30 - 6:15am in Studio 4 Cycle & Strength Dawn 8/5 - 8/26 \$15/class	5:15 - 6:00pm in APC Kickboxing Jessica 8/6 - 8/27 \$15/class	5:30 - 6:15am in Studio 4 Cycle & Strength Dawn 8/7 - 8/28 \$15/class	5:30 - 6:15am in APC Kickboxing Jessica 8/1 - 8/29 \$15/class	5:30 - 6:15am in Studio 1 Muscle Magic Dawn 8/2 - 8/30 \$15/class	8:10 - 8:55am in APC Kettlebells & Boxing Cheryl M. 8/10 - 8/24 \$15/class	8:00 - 8:45am in APC Kickboxing Jessica 8/4 - 8/25 no class 8/18 \$15/class
9:30 - 10:00am in APC Metcon Liz 8/5 & 8/12 \$10/class		9:30 - 10:15am in APC Level Up (meets 2x/wk) Nicole TBD \$259	9:30 - 10:15am in APC SHRED 45 Nicole 8/1 - 8/29 \$15/class	9:30 - 10:15am in APC Level Up (meets 2x/wk) Nicole TBD \$259		
5:30 - 6:15pm in APC Bootcamp Caitlin 8/5 - 8/26 \$15/class		6:30 - 7:15pm in APC Level Up (meets 2x/wk) Nicole TBD \$259				
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<p>*12 HOUR CANCELLATION POLICY*</p> <p>Please check your schedule prior to registering for classes as there are no makeups or refunds for cancellations with less than 12 hours notice.</p> <p>**ENROLLMENTS - NO CANCELLATIONS</p> <p>REGISTRATION OPENS ON JULY 20TH</p>			<p>Team Training (30 mins) 7-12 participants \$10/class</p>	<p>Team Training (45 mins) 7-12 participants \$15/class *class pack available</p>	<p>**Enrollment 7-12 participants 6 week program/workshop</p>	

To reserve your spot visit our website
www.fitnessunlimited.com
 or call/stop by the member service desk
 617 - 698 - 0260



*All classes are subject to cancellation if less than 2 people are enrolled.
 In the event of a cancellation - the purchased class will remain on your account to be used for a future booking.