

# august

# pilates programming

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 - 6:50 am <b>Reformer (All Levels)</b> Danielle 8/12 - 8/26 \$30/class	5:30 - 6:20 am <b>Reformer (All Levels)</b> Cheryl M. 8/6 - 8/20 \$30/class	5:30 - 6:20 am <b>Reformer (Int/Adv)</b> Kimberly Returns in Sept \$30/class	6:00 - 6:50 am <b>Reformer (Int/Adv)</b> Lisa 8/1 - 8/29 no class 8/15 & 8/22 \$30/class	6:00 - 6:50 am <b>Reformer (All Levels)</b> Danielle 8/9 - 8/30 \$30/class	7:00 - 7:50 am <b>Reformer (All Levels)</b> Caitlin 8/3 - 8/31 \$30/class	
7:00 - 7:50 am <b>Reformer (Int/Adv)</b> Danielle 8/12 - 8/26 \$30/class	7:00 - 7:50 am <b>Reformer (All Levels)</b> Cheryl M. 8/6 - 8/20 \$30/class	7:00 - 7:50 am <b>Reformer (Int/Adv)</b> Danielle 8/7 - 8/21 \$30/class	7:00 - 7:50 am <b>Reformer (All Levels)</b> Cheryl M. 8/1 - 8/22 \$30/class	7:00 - 7:50 am <b>Reformer (Int/Adv)</b> Danielle 8/2 - 8/30 \$30/class	8:00 - 8:50 am <b>Reformer (Int/Adv)</b> Caitlin 8/3 - 8/31 \$30/class	
8:30 - 9:20 am <b>Barre Reformer</b> Danielle 8/12 - 8/26 \$30/class	6:00 - 6:50 pm <b>Reformer (Int/Adv)</b> Caitlin 8/6 - 8/27 \$30/class	9:00 - 9:50 am <b>Reformer (All Levels)</b> Danielle 8/7 - 8/21 \$30/class	8:00 - 8:50 am <b>Reformer (All Levels)</b> Cheryl M. 8/1 - 8/22 \$30/class	8:00 - 8:50 am <b>Reformer (Int/Adv)</b> Danielle 8/2 - 8/30 \$30/class	9:00 - 9:50 am <b>Reformer (Int/Adv)</b> Caitlin 8/3 - 8/31 \$30/class	
10:30 - 11:20 am <b>Reformer (All Levels)</b> Danielle 8/12 - 8/26 \$30/class		4:30 - 5:20 pm <b>Barre Reformer</b> Caitlin 8/7 - 8/28 \$30/class	9:00 - 9:50 am <b>Reformer (Int/Adv)</b> Kimberly 8/1 - 8/20 no class 8/15 \$30/class	9:00 - 9:50 am <b>Reformer (Int/Adv)</b> Danielle 8/2 - 8/30 \$30/class		
5:30 - 6:20 pm <b>Reformer (All Levels)</b> Lisa 8/5 & 8/26 \$30/class		5:45 - 6:35 pm <b>Reformer (All Levels)</b> Cheryl M. 8/7 - 8/21 \$30/class		10:30 - 11:20 am <b>Reformer (All Levels)</b> Danielle 8/2 - 8/30 \$30/class		
		6:40 - 7:30 pm <b>Reformer (All Levels)</b> Cheryl M. 8/7 - 8/21 \$30/class		<p><b>*12 HOUR CANCELLATION POLICY*</b></p> <p>Please check your schedule prior to registering for classes as there are no makeups or refunds for cancellations with less than 12 hours notice.</p> <p><b>REGISTRATION OPENS ON JULY 20TH</b></p>		

New Participants (no previous experience) to reformer training are required to schedule a **Pilates Consultation**. Please inquire at the member service desk for scheduling.

To reserve your spot visit our website  
www.fitnessunlimited.com  
or call/stop by the member service desk  
617 - 698 - 0260



\*All classes are subject to cancellation if less than 2 people are enrolled.  
In the event of a cancellation - the purchased class will remain on your account to be used for a future booking.