

may

team training

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30 - 6:15am in Studio 4 Cycle & Strength Dawn 5/6 - 5/20 \$15/class	5:15 - 6:00pm in APC Kickboxing Jessica 5/7 - 5/28 \$15/class	5:30 - 6:15am in Studio 4 Cycle & Strength Dawn 5/1 - 5/29 \$15/class	5:15 - 6:00am in APC Kickboxing Jessica 5/2 - 5/30 \$15/class	5:30 - 6:15am in Studio 1 Muscle Magic Dawn 5/3 - 5/31 \$15/class	8:10 - 8:55am in APC Kettlebells & Boxing Cheryl M. 5/4 - 5/25 \$15/class	8:00 - 8:45am in APC Kickboxing Jessica 5/5 - 5/26 \$15/class
9:30 - 10:00am in APC Metcon Liz Returns in June \$10/class	10:00 - 10:45am in APC Power Strength *POP UP* Alyssa 5/7 & 5/21 \$15/class	7:00 - 7:45am in APC Intro to Kickboxing Jessica 5/8 \$7.50/class (May Special)	9:30 - 10:15am in CR SHRED 45 Nicole 5/2 - 5/30 \$15/class	5:30 - 6:15am in APC Bootcamp Nicole 5/3 - 5/31 no class 5/24 \$15/class		9:15 - 10:00am in APC Bootcamp Linda 5/5 & 5/19 \$15/class
4:00 - 4:45pm in APC Intro to Kickboxing Jessica 5/20 \$7.50/class (May Special)		9:30 - 10:15am in APC Level Up (meets 2x/wk) Nicole 4/24 - 5/31 \$259		9:30 - 10:15am in APC Level Up (meets 2x/wk) Nicole 4/24 - 5/31 \$259		
5:30 - 6:15pm in APC Bootcamp Caitlin 5/6 - 5/20 \$15/class		6:30 - 7:15pm in APC Level Up (meets 2x/wk) Nicole 4/22 - 6/3 no class 5/27 \$259		11:00 - 11:45am in APC Power Strength *POP UP* Alyssa 5/17 & 5/31 \$15/class		
6:30 - 7:15pm in APC Level Up (meets 2x/wk) Nicole 4/22 - 6/3 no class 5/27 \$259				12:00 - 12:45pm in APC Intro to Kickboxing Jessica 5/17 \$7.50/class (May Special)		
<p>*12 HOUR CANCELLATION POLICY*</p> <p>Please check your schedule prior to registering for classes as there are no makeups or refunds for cancellations with less than 12 hours notice.</p> <p>**ENROLLMENTS - NO CANCELLATIONS</p> <p>REGISTRATION OPENS ON APRIL 20TH</p>			<p>Team Training (30 mins) 7-12 participants \$10/class</p>	<p>Team Training (45 mins) 7-12 participants \$15/class *class pack available</p>	<p>**Enrollment 7-12 participants 6 week program/workshop</p>	

To reserve your spot visit our website
www.fitnessunlimited.com
 or call/stop by the member service desk
 617 - 698 - 0260



*All classes are subject to cancellation if less than 2 people are enrolled.
 In the event of a cancellation - the purchased class will remain on your account to be used for a future booking.