

february

team training

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:45 - 6:30am in Studio 4 <b>Cycle &amp; Strength</b> Dawn 2/5 - 2/26 \$15/class		5:30 - 6:15am in Studio 4 <b>Cycle &amp; Strength</b> Dawn 2/7 - 2/28 \$15/class	9:30 - 10:15am in CR <b>SHRED 45</b> Nicole 2/1 - 2/29 \$15/class	5:30 - 6:15am in Studio 1 <b>Muscle Magic</b> Dawn 2/2 - 2/23 \$15/class	8:10 - 8:55am in APC <b>Kettlebells &amp; Boxing</b> Cheryl M. 2/3 - 2/24 \$15/class	9:15 - 10:00am in APC <b>Bootcamp</b> Linda 2/4 - 2/25 \$15/class
9:30 - 10:00am in APC <b>Metcon</b> Liz 2/5 - 2/26 no class 2/19 \$10/class		9:30 - 10:15am in APC <b>Level Up</b> (meets 2x/wk) Nicole 1/10 - 2/16 \$259		9:30 - 10:15am in APC <b>Level Up</b> (meets 2x/wk) Nicole 1/10 - 2/16 \$259		
5:30 - 6:15pm in APC <b>Bootcamp</b> Caitlin 2/5 - 2/26 \$15/class		6:30 - 7:15pm in APC <b>Level Up</b> (meets 2x/wk) Nicole 1/8 - 2/14 \$259				
6:30 - 7:15pm in APC <b>Level Up</b> (meets 2x/wk) Nicole 1/8 - 2/14 \$259						
<p><b>*12 HOUR CANCELLATION POLICY*</b></p> <p>Please check your schedule prior to registering for classes as there are no makeups or refunds for cancellations with less than 12 hours notice.</p> <p><b>**ENROLLMENTS - NO CANCELLATIONS</b></p> <p>REGISTRATION OPENS ON JANUARY 20TH</p>			<p><b>Team Training (30 mins)</b>            7-12 participants            \$10/class</p>	<p><b>Team Training (45 mins)</b>            7-12 participants            \$15/class            *class pack available</p>	<p><b>**Enrollment</b>            7-12 participants            6 week program/workshop</p>	

To reserve your spot visit our website  
[www.fitnessunlimited.com](http://www.fitnessunlimited.com)  
 or call/stop by the member service desk  
 617 - 698 - 0260



\*All classes are subject to cancellation if less than 2 people are enrolled.  
 In the event of a cancellation - the purchased class will remain on your account to be used for a future booking.