

september

small group & team training

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:45 - 6:30am in Studio 4 Cycle & Strength Dawn 9/11 - 9/25 \$15/class	5:30 - 6:15am in Studio 4 Cycle & Strength Dawn 9/5 - 9/26 \$15/class	9:30 - 10:15am in APC Level Up (meets 2x/wk) Nicole 9/6 - 10/13 \$259	9:30 - 10:15am in CR SHRED 45 Nicole 9/7 - 9/28 \$15/class	5:35 - 6:20am in Studio 1 Muscle Magic Dawn 9/1 - 9/29 \$15/class	8:10 - 9:00am in APC Kettlebells & Boxing Cheryl M. 9/2 - 9/30 \$30/class	
9:30 - 10:00am in APC Metcon Liz 9/11 - 9/25 \$10/class		5:30 - 6:15pm in APC Boxing Lauren 9/6 - 9/27 \$15/class		9:30 - 10:15am in APC Level Up (meets 2x/wk) Nicole 9/6 - 10/13 \$259		
5:30 - 6:15pm in APC Bootcamp Caitlin 9/11 - 9/25 \$15/class		6:20 - 7:15pm in APC Level Up (meets 2x/wk) Nicole 9/6 - 10/16 \$259				
6:20 - 7:15pm in APC Level Up (meets 2x/wk) Nicole 9/6 - 10/16 \$259						
<p>*12 HOUR CANCELLATION POLICY*</p> <p>Please check your schedule prior to registering for classes as there are no makeups or refunds for cancellations with less than 12 hours notice.</p> <p>**ENROLLMENTS - NO CANCELLATIONS</p> <p>REGISTRATION OPENS ON AUGUST 20TH</p>						
			<p>Team Training (30 mins) 7-12 participants \$10/class</p>	<p>Team Training (45 mins) 7-12 participants \$15/class *class pack available</p>	<p>Team Training (50 mins) up to 8 participants \$20/class</p>	<p>Small Group Training 3-6 participants \$30/class</p>
						<p>**Enrollment 7-12 participants 6 week program/workshop</p>

To reserve your spot visit our website
www.fitnessunlimited.com
 or call/stop by the member service desk
 617 - 698 - 0260



*All classes are subject to cancellation if less than 2 people are enrolled.
 In the event of a cancellation - the purchased class will remain on your account to be used for a future booking.