

september

pilates programming

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|--------|
| 6:00 - 6:50am Reformer (All Levels) Danielle 9/11 - 9/25 \$30/class | 5:30 - 6:20am Reformer (All Levels) Cheryl M. 9/5 - 9/26 \$30/class | 5:30 - 6:20am Reformer (Int/Adv) Kimberly 9/13 - 9/27 \$30/class | 6:00 - 6:50am Reformer (Int/Adv) Lisa 9/7 - 9/21 \$30/class | 6:00 - 6:50am Reformer (All Levels) Danielle 9/1 - 9/29 \$30/class | 8:00 - 8:50am Reformer (All Levels) Caitlin 9/2 - 9/30 \$30/class | |
| 8:30 - 9:20am Barre Reformer Danielle 9/11 - 9/25 \$30/class | 7:00 - 7:50am Reformer (All Levels) Cheryl M. 9/5 - 9/26 \$30/class | 8:00 - 8:50am Reformer (Int/Adv) Susan 9/6 - 9/27 no class 9/20 \$30/class | 7:00 - 7:50am Reformer (All Levels) Cheryl M. 9/7 - 9/28 \$30/class | 7:30 - 8:20 am Reformer (Int/Adv) Danielle 9/1 - 9/29 \$30/class | 9:00 - 9:50am Reformer (Int/Adv) Caitlin 9/2 - 9/30 \$30/class | |
| 10:30 - 11:20am Reformer (All Levels) Danielle 9/11 - 9/25 \$30/class | 6:00 - 6:50pm Reformer (Int/Adv) Caitlin 9/5 - 9/26 \$30/class | 9:00 - 9:50am Reformer (Int/Adv) Danielle 9/6 - 9/27 \$30/class | 9:00 - 9:50am Reformer (Int/Adv) Kimberly 9/7 - 9/28 \$30/class | 9:00 - 9:50 am Reformer (Int/Adv) Danielle 9/1 - 9/29 \$30/class | | |
| 5:30 - 6:20pm Reformer (All Levels) Lisa 9/11 & 9/18 \$30/class | | 4:30 - 5:20 pm Barre Reformer Caitlin 9/6 - 9/27 \$30/class | | 10:30 - 11:20am Reformer (All Levels) Danielle 9/1 - 9/29 \$30/class | | |
| | | 5:45 - 6:35pm Reformer (All Levels) Cheryl M. 9/6 - 9/27 \$30/class | | | | |
| <p>*12 HOUR CANCELLATION POLICY*</p> <p>Please check your schedule prior to registering for classes as there are no makeups or refunds for cancellations with less than 12 hours notice.</p> <p>REGISTRATION OPENS ON JULY 20TH</p> | | | | | | |

New Participants (no previous experience) to reformer training are required to schedule a **Pilates Consultation**. Please inquire at the member service desk for scheduling.

To reserve your spot visit our website
www.fitnessunlimited.com
 or call/stop by the member service desk
 617 - 698 - 0260



*All classes are subject to cancellation if less than 2 people are enrolled.
 In the event of a cancellation - the purchased class will remain on your account to be used for a future booking.