

may

small group & team training

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:45 - 6:30am in Studio 4 Cycle & Strength Dawn 5/1 - 5/22 \$15/class	5:45 - 6:35am in Studio 4 Cycle & Tabata Dawn 5/2 - 5/30 \$20/class	9:30 - 10:15am in APC Level Up (meets 2x/wk) Nicole 4/26 - 6/2 \$259	9:30 - 10:15am in CR SHRED 45 Nicole 5/4 - 5/25 no class 5/18 \$15/class	5:35 - 6:20am in Studio 1 Muscle Magic Dawn 5/5 - 5/26 \$15/class	8:10 - 9:00am in APC Kettlebells & Boxing Cheryl M. 5/6 - 5/27 \$30/class	9:15 - 10:00am in APC Bootcamp Linda 5/7 & 5/21 \$15/class
9:30 - 10:00am in APC Metcon Liz 5/8 & 5/22 \$10/class	10:00 - 10:30am in APC Mobility & Recovery Liz 5/2 \$10/class			9:30 - 10:15am in APC Level Up (meets 2x/wk) Nicole 4/26 - 6/2 \$259		
	6:00 - 6:45pm in APC Bootcamp Caitlin 5/2 - 5/30 \$15/class			10:30 - 11am in APC Mobility & Recovery Liz 5/19 \$10/class		
<p align="center">*12 HOUR CANCELLATION POLICY*</p> <p align="center">Please check your schedule prior to registering for classes as there are no makeups or refunds for cancellations with less than 12 hours notice.</p> <p align="center">**ENROLLMENTS - NO CANCELLATIONS</p> <p align="center">REGISTRATION OPENS ON APRIL 20TH</p>						
			<p align="center">Team Training (30 mins) 7-12 participants \$10/class</p>	<p align="center">Team Training (45 mins) 7-12 participants \$15/class *class pack available</p>	<p align="center">Team Training (50 mins) up to 8 participants \$20/class</p>	<p align="center">Small Group Training 3-6 participants \$30/class</p>
						<p align="center">**Enrollment 7-12 participants 6 week program/workshop</p>

To reserve your spot visit our website
www.fitnessunlimited.com
 or call/stop by the member service desk
 617 - 698 - 0260



*All classes are subject to cancellation if less than 2 people are enrolled.
 In the event of a cancellation - the purchased class will remain on your account to be used for a future booking.