

# march

# small group & team training

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:45 - 6:30am in Studio 4 <b>Cycle &amp; Strength</b> Dawn 3/6 - 3/27 \$15/class	5:45 - 6:35am in Studio 4 <b>Cycle &amp; Tabata</b> Dawn 3/7 - 3/28 \$20/class	9:30 - 10:15am in APC <b>Level Up</b> (meets 2x/wk) Nicole 3/1 - 4/7 \$259	9:15 - 10:00am in CR <b>SHRED 45</b> Nicole 3/2 - 3/23 \$15/class	5:35 - 6:20am in Studio 4 <b>Muscle Magic</b> Dawn 3/3 - 3/31 \$15/class	8:10 - 9:00am in APC <b>Kettlebells &amp; Boxing</b> Cheryl M. 3/4 - 3/25 \$30/class	9:15 - 10:00am in APC <b>Bootcamp</b> Linda 3/5 - 3/26 no class 3/12 \$15/class
5:45 - 6:30pm in APC <b>Level Up</b> (meets 2x/wk) Nicole 2/27 - 4/5 \$259	6:00 - 6:45pm in APC <b>Bootcamp</b> Caitlin 3/7 - 3/28 \$15/class	5:45 - 6:30pm in APC <b>Level Up</b> (meets 2x/wk) Nicole 2/27 - 4/5 \$259	5:30 - 6:15pm in APC <b>Bootcamp</b> Linda 3/2 - 3/30 \$15/class	9:30 - 10:15am in APC <b>Level Up</b> (meets 2x/wk) Nicole 3/1 - 4/7 \$259		
<p align="center"><b>*12 HOUR CANCELLATION POLICY*</b></p> <p align="center">Please check your schedule prior to registering for classes as there are no makeups or refunds for cancellations with less than 12 hours notice.</p> <p align="center"><b>REGISTRATION OPENS ON FEBRUARY 20TH</b></p>			<p align="center"><b>Small Group Training</b> 3-6 participants \$30/class</p>	<p align="center"><b>Team Training (45 mins)</b> 7-12 participants \$15/class *class pack available</p>	<p align="center"><b>Team Training (50 mins)</b> up to 8 participants \$20/class</p>	<p align="center"><b>Enrollment</b> 7-12 participants 6 week program/workshop</p>

To reserve your spot visit our website  
[www.fitnessunlimited.com](http://www.fitnessunlimited.com)  
 or call/stop by the member service desk  
 617 - 698 - 0260



\*All classes are subject to cancellation if less than 2 people are enrolled.  
 In the event of a cancellation - the purchased class will remain on your account to be used for a future booking.