

february

small group & team training

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:45 - 6:30am in Studio 4 Cycle & Strength Dawn 2/6 - 2/27 no class 2/13 \$15/class	5:45 - 6:35am in Studio 4 Cycle & Tabata Dawn 2/21 & 2/28 \$20/class 6:00 - 6:45pm in APC Bootcamp Caitlin 2/7 - 2/28 \$15/class	9:30 - 10:15am in APC Level Up (meets 2x/wk) Nicole 1/11 - 2/17 \$259	9:15 - 10:00am in CR SHRED 45 Nicole 2/2 - 2/23 \$15/class 5:30 - 6:15pm in APC Bootcamp Linda 2/2 - 2/23 \$15/class	5:45 - 6:35am in Studio 4 Cycle & Stability Ball Dawn 2/3 - 2/24 no class 2/10 \$20/class 9:30 - 10:15am in APC Level Up (meets 2x/wk) Nicole 1/11 - 2/17 \$259	8:10 - 9:00am in APC Kettlebells & Boxing Cheryl M. 2/4 - 2/25 \$30/class	9:15 - 10:00am in APC Bootcamp Linda 2/5 - 2/26 \$15/class
<p align="center">*12 HOUR CANCELLATION POLICY*</p> <p align="center">Please check your schedule prior to registering for classes as there are no makeups or refunds for cancellations with less than 12 hours notice.</p> <p align="center">REGISTRATION OPENS ON JANUARY 20TH</p>			<p align="center">Small Group Training 3-6 participants \$30/class</p>	<p align="center">Team Training (45 mins) 7-12 participants \$15/class *class pack available</p>	<p align="center">Team Training (50 mins) up to 8 participants \$20/class</p>	<p align="center">Enrollment 7-12 participants 6 week program/workshop</p>

To reserve your spot visit our website
www.fitnessunlimited.com
 or call/stop by the member service desk
 617 - 698 - 0260



*All classes are subject to cancellation if less than 2 people are enrolled.
 In the event of a cancellation - the purchased class will remain on your account to be used for a future booking.