

december

small group & team training

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:45 - 6:30am in Studio 4 Cycle & Strength Dawn 12/5 - 12/19 \$15/class	5:45 - 6:35am in Studio 4 Cycle & Tabata Dawn 12/6 - 12/20 \$20/class 6:00 - 6:45pm in APC Bootcamp Caitlin 12/6 - 12/27 \$15/class	9:30 - 10:15am in APC Kettlebell Athletics Nicole 12/7 - 12/28 \$15/class	9:15 - 10:00am in CR SHRED 45 Nicole 12/1 - 12/29 \$15/class	5:45 - 6:35am in Studio 4 Cycle & Stability Ball Dawn 12/2 - 12/23 \$20/class	8:10 - 9:00am in APC Kettlebells & Boxing Cheryl M. 12/3 - 12/31 no class 12/10 \$30/class	9:15 - 10:00am in APC Bootcamp Linda 12/4 - 12/18 \$15/class
<p>*12 HOUR CANCELLATION POLICY*</p> <p>Please check your schedule prior to registering for classes as there are no makeups or refunds for cancellations with less than 12 hours notice.</p> <p>REGISTRATION OPENS ON NOVEMBER 20TH</p>			<p>Small Group Training 3-6 participants \$30/class</p>	<p>Team Training (45 mins) 7-12 participants \$15/class *class pack available</p>	<p>Team Training (50 mins) up to 8 participants \$20/class</p>	<p>Teen Training 7-12 participants \$10/class</p>

To reserve your spot visit our website
www.fitnessunlimited.com
 or call/stop by the member service desk
 617 - 698 - 0260



*All classes are subject to cancellation if less than 2 people are enrolled.
 In the event of a cancellation - the purchased class will remain on your account to be used for a future booking.