

may

small group & team training

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:45 - 6:30am in Studio 4 Cycle & Strength Dawn 5/2 - 5/23 \$15/class 9:15 - 10:00am in CR SHRED 45 Kelly 5/2 - 5/23 \$15/class	5:45 - 6:35am in Studio 4 Cycle & Strength Dawn 5/3 - 5/24 \$20/class 6:00 - 6:45pm in APC Bootcamp Caitlin 5/3 - 5/31 \$15/class	9:15 - 10:00am in APC Bootcamp Nicole 5/4 - 5/25 \$15/class 6:30 - 7:15pm in APC Boxing Bootcamp Lauren 5/4 - 5/25 \$15/class	5:30 - 6:20am in Studio 1 Kettlebells Circuit Cheryl M. 5/5 - 5/26 no class 5/12 \$30/class 9:15 - 10:00am in CR SHRED 45 Nicole 5/5 - 5/26 \$15/class 5:30 - 6:15pm in APC Bootcamp Linda 5/5 - 5/19 \$15/class	5:45 - 6:30am in Studio 4 Cycle & Strength Dawn 5/6 - 5/20 \$15/class	8:10 - 9:00am in APC Kettlebells & Boxing Cheryl M. 5/7 - 5/28 \$30/class 10:00 - 10:45am in APC Teen Fit Michelle 5/7 - 5/21 \$10/class	
<p>*12 HOUR CANCELLATION POLICY*</p> <p>Please check your schedule prior to registering for classes as there are no makeups or refunds for cancellations with less than 12 hours notice.</p> <p>REGISTRATION OPENS ON APRIL 20TH</p>			<p>Small Group Training 3-6 participants \$30/class</p>	<p>Team Training 7-12 participants \$15/class (45 mins) \$20/class (50 mins)</p>	<p>Yoga / Specialty Workshops up to 18 participants \$20/class</p>	<p>Teen Training 7-12 participants \$10/class (45 mins)</p>

**All classes are subject to cancellation if less than 2 people are enrolled.*

To reserve your spot visit our website
www.fitnessunlimited.com
 or call/stop by the member service desk
 617 - 698 - 0260



Masks: Face coverings will be optional indoors and outdoors for fully vaccinated members and staff. We ask that those who are non-vaccinated continue to wear their masks and abide by CDC guidelines to keep everyone in our community healthy and safe.