

january

small group & team training

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:45 - 6:35am in Studio 4 Cycle & Strength Dawn 1/3 - 1/31 \$15/class	5:45 - 6:35am in Studio 4 Cycle & Strength Dawn 1/4 - 1/25 \$20/class	9:15 - 10:00am in CR SHRED 45 Kelly 1/12 & 1/26 \$15/class 6:30 - 7:15pm in APC Boxing Bootcamp Lauren 1/5 - 1/26 \$15/class	5:30 - 6:20am in Studio 1 Kettlebells Circuit Cheryl M. 1/6 - 1/27 \$30/class 9:15 - 10:00am in CR SHRED 45 Nicole 1/6 - 1/27 \$15/class 5:30 - 6:15pm in APC Bootcamp Linda 1/13 - 1/27 \$15/class	5:45 - 6:35am in Studio 4 Cycle & Strength Dawn 1/7 - 1/28 no class 1/14 \$20/class 9:15 - 10:00am in CR SHRED 45 Kelly 1/7 & 1/21 \$15/class	8:10 - 9:00am in APC Kettlebells & Boxing Cheryl M. 1/8 - 1/29 \$30/class	
<p align="center">*12 HOUR CANCELLATION POLICY*</p> <p align="center">Please check your schedule prior to registering for classes as there are no makeups or refunds for cancellations with less than 12 hours notice.</p> <p align="center">REGISTRATION OPENS ON DECEMBER 20TH</p>			<p align="center">Small Group Training 3-6 participants \$30/class</p>	<p align="center">Team Training 7-10 participants \$15/class (45 mins) \$20/class (50 mins)</p>	<p align="center">Specialized Studio Fitness up to 15 participants \$15/class</p>	<p align="center">Yoga / Specialty Workshops up to 18 participants \$20/class</p>

**All classes are subject to cancellation if less than 2 people are enrolled.
In the event of a cancellation - the purchased class will remain on your account to be used for a future booking.*

To reserve your spot visit our website
www.fitnessunlimited.com
 or call/stop by the member service desk
 617 - 698 - 0260



Masks: Face coverings will be optional indoors and outdoors for fully vaccinated members and staff. We ask that those who are non-vaccinated continue to wear their masks and abide by CDC guidelines to keep everyone in our community healthy and safe.