

january

pilates programming

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 - 6:50am Reformer (All Levels) Danielle 1/10 - 1/31 no class 1/17 \$30/class	5:30 - 6:20am Reformer (All Levels) Cheryl M. 1/4 - 1/25 \$30/class	5:30 - 6:20am Reformer (Int/Adv) Kimberly 1/12 - 1/26 \$30/class	6:00 - 6:50am Reformer (Int/Adv) Lisa 1/6 - 1/27 \$30/class	6:00 - 6:50am Reformer (All Levels) Danielle 1/7 - 1/28 \$30/class	8:00 - 8:50am Reformer (All Levels) Caitlin 1/8 - 1/29 \$30/class	
8:30 - 9:20am Barre Reformer Danielle 1/10 - 1/31 no class 1/17 \$30/class	7:00 - 7:50am Intro to Reformer Cheryl M. 1/4 - 1/25 \$20/class	8:00 - 8:50am Reformer (Int/Adv) Susan 1/5 - 1/26 \$30/class	9:00 - 9:50am Athletic Reformer Kimberly 1/6 - 1/27 \$30/class	7:30 - 8:20 am Reformer (Int/Adv) Danielle 1/7 - 1/28 \$30/class	9:00 - 9:50am Reformer (Int/Adv) Caitlin 1/8 - 1/29 \$30/class	
9:30 - 10:20am Reformer (Int/Adv) Susan 1/3 - 1/31 no class 1/17 \$30/class		9:00 - 9:50am Reformer (Int/Adv) Danielle 1/5 - 1/26 \$30/class	12:15 - 1:00pm Lunchtime Reformer Cheryl M. 1/6 - 1/27 \$25/class	9:00 - 9:50 am Athletic Reformer Danielle 1/7 - 1/28 \$30/class		
10:30 - 11:20am Reformer (All Levels) Danielle 1/10 - 1/31 no class 1/17 \$30/class		4:30 - 5:20pm Reformer (All Levels) Pia 1/5 - 1/26 \$30/class		10:30 - 11:20am Reformer (All Levels) Danielle 1/7 - 1/28 \$30/class		
5:30 - 6:20pm Reformer (All Levels) Lisa 1/3 - 1/24 no class 1/17 \$30/class		5:30 - 6:20pm Barre Reformer Pia 1/5 - 1/26 \$30/class				
		6:30 - 7:20pm Athletic Reformer Pia 1/5 - 1/26 \$30/class		<p align="center">*12 HOUR CANCELLATION POLICY*</p> <p align="center">Please check your schedule prior to registering for classes as there are no makeups or refunds for cancellations with less than 12 hours notice.</p> <p align="center">REGISTRATION OPENS ON DECEMBER 20TH</p>		

New Participants (no previous experience) to reformer training are required to schedule a **Pilates Consultation**.

Please inquire at the member service desk for scheduling.

*All classes are subject to cancellation if less than 2 people are enrolled.

In the event of a cancellation - the purchased class will remain on your account to be used for a future booking.

To reserve your spot visit our website
www.fitnessunlimited.com
 or call/stop by the member service desk
 617 - 698 - 0260



Masks: Face coverings will be optional indoors and outdoors for fully vaccinated members and staff. We ask that those who are non-vaccinated continue to wear their masks and abide by CDC guidelines to keep everyone in our community healthy and safe.