

may

pilates programming

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 - 6:50am Reformer (All Levels) Danielle 5/3 - 5/24 \$30/class	5:30 - 6:20am Reformer (All Levels) Cheryl M. 5/11 - 5/25 \$30/class	5:30 - 6:20am Reformer (All Levels) Kimberly 5/5 - 5/26 \$30/class	6:00 - 6:50am Athletic Reformer Lisa 5/6 - 5/27 no class 5/20 \$30/class	6:00 - 6:50am Reformer (All Levels) Danielle 5/7 - 5/28 \$30/class	8:00 - 8:50am Athletic Reformer Sandra 5/1 - 5/29 \$30/class	8:00 - 8:50am Reformer (All Levels) Sandra 5/2 - 5/30 \$30/class
8:30 - 9:20am Barre Reformer Danielle 5/3 - 5/24 \$30/class	7:00 - 7:50am Intro to Reformer Cheryl M. 5/11 - 5/25 \$20/class	9:00 - 9:50am Athletic Reformer Danielle 5/5 - 5/26 \$30/class	9:00 - 9:50am HIIT Reformer Kimberly 5/6 - 5/27 \$30/class	7:30 - 8:20 am Athletic Reformer Danielle 5/7 - 5/28 \$30/class	9:00 - 9:50am Athletic Reformer Sandra 5/1 5/29 \$30/class	
9:30 - 10:20am Athletic Reformer Susan 5/3 - 5/24 \$30/class	6:30 - 7:20pm Athletic Reformer Danielle 5/4 - 5/25 \$30/class	10:00 - 10:50am Athletic Reformer Susan 5/5 - 5/26 \$30/class	10:00 - 10:50am Athletic Reformer Kimberly 5/6 - 5/27 \$30/class	9:00 - 9:50 am HIIT Reformer Danielle 5/7 - 5/28 \$30/class		
10:30 - 11:20am Reformer (All Levels) Danielle 5/3 - 5/24 \$30/class		4:30 - 5:20pm Reformer (All Levels) Pia 5/5 - 5/26 \$30/class		10:30 - 11:20am Reformer (All Levels) Danielle 5/7 - 5/28 \$30/class		
5:30 - 6:20pm Reformer (All Levels) Lisa 5/3 - 5/24 \$30/class		5:30 - 6:20pm Barre Reformer Pia 5/5 - 5/26 \$30/class				
		6:30 - 7:20pm Athletic Reformer Pia 5/5 - 5/26 \$30/class		<p>*24 HOUR CANCELLATION POLICY*</p> <p>Please check your schedule prior to registering for classes as there are no makeups or refunds for cancellations with less than 24 hours notice.</p> <p>REGISTRATION OPENS ON APRIL 20TH</p>		

New Participants (no previous experience) to reformer training are required to schedule an **Intro to Reformer class or Pilates Consultation**. Please inquire at the member service desk for scheduling.

Face coverings/masks and grippy socks are required throughout the duration of class.

To reserve your spot visit our website
www.fitnessunlimited.com
 or call/stop by the member service desk
 617 - 698 - 0260



Upon entering the club:
 Please use our sanitation station at the member service desk, have your temperature checked and practice social distancing while waiting to enter your designated studio